

# Seed Bombs



## Materials

- blender
- construction paper
- water
- seeds
- baggies (optional)
- tray to collect water
- bowl

## Instructions

1. Shred or cut paper into small pieces and combine with water in a blender then blend in bursts. Blend until the mixture is smooth and no large pieces of paper remain.
2. Transfer paper mixture to a bowl. Grab a handful of paper mixture and squeeze to remove all excess water. Try flattening your paper mixture into a pancake shape between your hands to get the water out.
3. Add 3-4 seeds of your choosing and place in the middle of your paper mixture pancake. We like to use flower seeds (specifically marigolds) because they're beautiful and pollinator friendly. Fold the paper mixture around the seeds and form into the shape of a ball.
4. Plant your seed bomb by making a small hole in the soil with your fingers (in the ground or in a pot). Place seed bomb into the soil, leaving the top exposed. Water immediately. Continue to water regularly and watch your plant grow!
5. To store: dry out completely and keep inside in an unsealed container.

